



Movement Memory Game

This game works best with at least 3 people.

- *The first person shows the group a movement (e.g. a star jump) and everyone else must copy.*
- *The next person then does the first movement (the star jump) and then adds their own movement (e.g. touch your toes).*
- *The third person must remember and show the group the first two movements (star jump and touching your toes) then and add their own movement on after they have done these.*
- *Everyone continues to take turns until someone can't remember all the movements.*

Movement ideas

Star jump

Animals

Touch the ceiling

Climbing

Disco dancing

Swimming

Touch your toes

High 5

Skip

Wave

Hop